



# STUDENT RESOURCE GUIDE



# Community Resources

## Disability

**TACID's (Tacoma Area Coalition of Individuals with Disabilities)** mission is to promote the independence of individuals with disabilities through peer support, advocacy, and self-sufficiency programs. These programs include Wellness and Peer Support, Behavioral Health Ombuds, Information and Referral services and Volunteer opportunities.

6315 S 19th St  
Tacoma, WA 98466  
253-565-9000  
<https://tacid.org/>

**Division of Vocational Rehabilitation (DVR)** serves people with disabilities who want to work but face a substantial barrier to finding or keeping a job. They provide individualized employment services and counseling to people with disabilities as well as technical assistance and training to employers about the employment of people with disabilities.

1949 S State St  
Tacoma, WA 98405 253-983-6500  
<https://www.dshs.wa.gov/dvr/about-dvr>

**Center for Independence (CFI)** serves as a resource for individuals with disabilities to fully access and participate in the community through outreach, advocacy, and independent living skills development. We serve senior citizens with senior-related disabilities as well.

7801 Bridgeport Way W, Suite #200  
Lakewood, WA 98499 253-582-1253  
<https://www.cfi-wa.org/>

## Domestic Abuse

**The YWCA** transforms lives of domestic violence survivors through safety, healing, and empowerment. They provide safe shelter and comprehensive services for survivors of domestic violence regardless of gender, gender identity or expression, race, or religious affiliation.

405 Broadway  
Tacoma, WA 98402  
253-272-4181  
<https://www.ywcapiercecounty.org/housing>

**The Crystal Judson Family Justice Center (FJC)** serves the needs of domestic violence victims and their children by providing comprehensive victim services in one, central, safe location in downtown Tacoma.

718 Court E  
Tacoma, WA 98402 253-798-4166  
<https://www.familyjusticecenter.us/>

## **Housing/Financial Assistance**

**Associated Ministries** is part of the strategic plan to end homelessness in Pierce County and design a “best practice” model to prevent homelessness, as part of AP4H coordinated entry, a Housing Specialist will work one-on-one with individuals to enable stability. Services will include, but are not limited to, referrals to housing programs or independent housing and assistance/referrals in securing benefits.

901 S 13<sup>th</sup> St  
Tacoma, WA 98405 253-383-3056  
<https://associatedministries.org/>

**Tacoma Rescue Mission** - Since 1912, the Mission has been offering God’s Help, Hope and Healing to the most impoverished members of our community. Your gift of any amount makes a difference for the men and women who are hurting and homeless in Tacoma & Pierce County. Give simply and securely by clicking any of the gifts below.

425 South Tacoma Way  
Tacoma, WA 98402 253-383-4493  
<https://www.trm.org/>

**The REACH Center** is here to support you in finding a home and employment that will allow you to be self-sufficient. Through our Housing For Success (H4S) Program, in partnership with Vadis, Shared Housing Services, and Associated Ministries, we provide individualized case management support for youth ages 13-24 who are dealing with homelessness.

1314 S L St  
Tacoma, WA 98405 253-383-3951  
<https://www.reachtacoma.org/housing>

**Tacoma Housing Authority’s** mission is to provide high quality housing and supportive services to persons and families in need.

902 S L St  
Tacoma, WA 98405 253-207-4400  
<https://www.tacomahousing.org/>

**Families Unlimited Network** - Serves zip codes 98466 and 98467. Based in University Place, WA. Non-profit offers rent and utility assistance if applicant has a disconnect notice or “pay or vacate” notice.

2610 Sunset Dr W  
Tacoma, WA 98466 253-460-3134  
<https://www.familiesunlimitednetwork.org/>

**Pierce County DSHS Community Services Offices** - Offers numerous financial assistance programs including TANF/ WorkFirst, which allows low-income clients the ability to apply for supplemental financial and rental assistance when faced with an emergency caused by circumstances out of their control, such as job loss or medical emergency. Funding and cash grants may be approved for eviction notices; security deposits need.

1949 S State St  
Tacoma, WA 98405 877-501-2233  
<https://www.dshs.wa.gov/food-cash-medical>

**Gig Harbor/Peninsula FISH** - Administers both rental and utility assistance to Key Peninsula and GH residents.

4425 Burnham Dr  
Gig Harbor, WA 98332 253-858-6179  
<https://www.ghpfish.org/>

**Metropolitan Development Council** - Offers low-income housing and rent help for low-income families and individuals. Assistance may include help with childcare, loans to pay rent as part of eviction prevention, funds for utility bills, or family counseling.

721 S. Fawcett  
Tacoma, WA 98402 253-579-6728  
<https://mdc-hope.org/rapid-rehousing/>

**Tacoma Assistance Rights and Human Services Dept.** - Centralized Intake Program for all Housing Related Services.

747 Market St  
Tacoma, WA 98402 253-682-3401  
<https://www.rentalassistance.us/state/washington>

**Pierce County Veterans Bureau** - Offers various forms of help to low-income and homeless veterans in Pierce County find help with rent, utility bills and food assistance.

3602 Pacific Ave, Suite #200  
Tacoma, WA 98418 253-798-7449  
<https://www.piercecountywa.gov/veterans>

**All Saints Community Services** - Once annually emergency rent help for Puyallup low-income tenants only. Funding limited.

204 6<sup>th</sup> Ave SW  
Puyallup, WA 98371 253-848-2000  
<https://allsaintsparish.com/outreach>

**Homeless Prevention Programs** - Tenants can get information on their rights to evictions under the WA Landlord/Tenant Act. Also get referrals to rent help to prevent an eviction. Support and advice is also for dealing with landlords on security deposits or repairs to housing unit.

930 Tacoma Ave S  
Tacoma, WA 98402 206-694-6767  
<https://www.piercecountywa.gov/3715/Homeless-Programs>

## **Transportation**

**Pierce Transit** – Pierce Transit improves people’s quality of life by providing safe, reliable, innovative, and useful transportation services that are locally based and regionally connected.

3701 96th St. SW  
Lakewood, WA 98499 253-581-8000  
<https://www.piercetransit.org/pierce-transit-routes/>

## **LGBTQ+**

**Rainbow Center** - Through education, advocacy, and celebration, the Rainbow Center expands resources and safe space for the lesbian, gay, bisexual, transgender, queer, and allied (LGBTQA) community.

2215 Pacific Ave  
Tacoma, WA 98402 253-383-2318  
<https://rainbowcntr.org/>

**Oasis 35** - Their mission is to transform the lives of queer youth by creating a safe place to learn, connect, and thrive. Oasis envisions a world in which queer youth are valued in the community as strong, creative leaders.

2215 Pacific Ave  
Tacoma, WA 98402 253-671-2838  
<https://devoasis.dreamhosters.com/>

**Diversity Alliance of the Puget Sound** - A federal 501(c)(3) non-profit group dedicated to assisting the transgender community within the South Puget Sound area of Washington state. G.A.S.S. is open to all individuals who wish to learn more about their own unique inner self, and to meet and mingle with others who are likewise on this voyage of discovery.

2215 Pacific Ave  
Tacoma, WA 98402 253-383-2318  
<https://www.diversityallianceofthepugetsound.org/>

**GLSEN** - Gay Lesbian and Straight Education Network provides a college guide for current and prospective LGBT students.

1605 12<sup>th</sup> Ave, Suite 35  
Seattle, WA 98122 206-330-2099  
<https://www.glsen.org/>

## **Health/Mental Health**

**Comprehensive Life Resources** - Our services include outpatient and community support services to adults, children and families, services to homeless individuals, housing services, foster care, and residential/inpatient services for both children and adults. We are committed to a holistic approach and philosophy that considers and embraces the whole person.

1305 Tacoma Avenue S  
Tacoma, WA 98402 253-396-5800  
<https://www.comprehensiveliferesources.org/>

**Sea Mar Community Behavioral Health Center** - The Tacoma site provides mental-health and chemical-dependency services to children, youth, and adults. Our site is state-licensed as a community mental-health agency and a certified chemical-dependency agency.

2121 S 19th Street  
Tacoma, WA 98405 253-396-1634  
<https://www.seamar.org/pierce-bh-tacoma-11.html>

**HopeSparks** - Our mission is to strengthen families by inspiring courage and confidence to make a lasting change. HopeSparks programs serve children and families in Pierce County who face trauma, abuse, and overwhelming life challenges.

6424 North 9th Street  
Tacoma, WA 98406 253-565-4484  
<https://hopesparks.org/>

**National Alliance on Mental Illness** – NAMI provides support, education, advocacy, and public awareness so that all individuals and families affected by mental illness can build better lives.

3569 East Roosevelt Ave  
Tacoma, WA 98404 253-677-6629  
<https://namipierce.org/>

**Rebuilding Hope, the Sexual Assault Center for Pierce County** – We exist to serve victimsurvivors of sexual assault and abuse, and to confront the social dynamics which foster sexual assault and abuse.

101 E. 26th St, Suite 200  
Tacoma, WA 98421 253-597-6424  
<https://sexualassaultcenter.com/>

**Planned Parenthood** – Care, no matter what. Your health and well-being are our top priority. Planned Parenthood will provide health care services, no matter who you are or where you live.

1515 Martin Luther King Jr. Way  
Tacoma, WA 98405 (800)  
769-0045  
<https://www.plannedparenthood.org/>

**Washington State Department of Social and Health Services** - As a department we are tied together by a single mission: to transform lives. Each administration within DSHS has a refined focus on this mission.

1949 S State St, 1st Floor  
Tacoma, WA 98405 (877)  
501-2233  
<https://www.dshs.wa.gov/>

**Community Health Care** – Network of community clinics providing reduced cost (sliding fee) care for general medical and dental services as well as prescriptions.

Multiple Locations <https://www.commhealth.org/>

## How to apply for Washington Apple Health

### Online

Applying online will quickly show you whether you're eligible for free health coverage through Washington Apple Health (Medicaid). **You can apply anytime, year-round. Get started at [wahealthplanfinder.org](http://wahealthplanfinder.org)**

**You'll need this information before you begin:**

- Household monthly income.
- Social Security number and date of birth of each household member applying for Apple Health.
- Immigration information, if that applies to you.



### Other ways to apply

**Call (toll free) 1-855-923-4633**  
TTY/TTD 1-855-627-9604

### In-person assister/navigator

Call the toll free phone number above to find an in-person assister, or go to [wahealthplanfinder.org](http://wahealthplanfinder.org) and click on the *Customer Support* link.

### Mail

Download the application form at [hca.wa.gov/assets/free-or-low-cost/18-001P.pdf](http://hca.wa.gov/assets/free-or-low-cost/18-001P.pdf) and follow the mailing instructions.

## Need help applying?

### Community-based enrollment specialists

These specialists from the Health Care Authority are located in hospitals, clinics, health departments, and community outreach centers around the state. See the list at: [hca.wa.gov/hcacomcommunitystaff](http://hca.wa.gov/hcacomcommunitystaff)

### In-person assisters or navigators

Trained to use the Washington Healthplanfinder, these assisters/navigators are located in many communities. Find one by calling 1-855-923-4633. TTY/TDD users, please call 1-855-627-9604.

### Community partners

Staff or volunteers at local community-based organizations—health centers, hospitals, and non-profit organizations—can help you apply.

### Your county health department

Call to see what's available in your area.

### SHIBA volunteers

Volunteers through SHIBA (Statewide Health Insurance Benefit Advisers) provide you free, unbiased, and confidential help with health care choices. Call 1-800-562-6900.

If you need an accommodation, or require documents in another format or language, please call 1-800-562-3022 (TRS: 711).

Washington State  
Health Care Authority

HCA administers Washington Apple Health (Medicaid).

[hca.wa.gov/apple-health](http://hca.wa.gov/apple-health)



**It's never been  
easier or faster  
to find free or  
low-cost health  
coverage**



## Are you eligible?

### Apple Health for Adults

You may be eligible if:

- You are between 19 and 65 years old.
- You are a Washington resident.
- You are a U.S. citizen or meet Medicaid immigration requirements.
- You are not incarcerated.
- Your annual household income is at or below the amounts shown in the *Income Eligibility Table* at right.

### Apple Health for Pregnant Women

This program provides coverage to pregnant women with countable income at or below 198 percent of the federal poverty level without regard to citizenship or immigration status. See the *Income Eligibility Table* at right.

### Apple Health for Kids

Coverage is free to children in households with income at or below 215 percent of the federal poverty level and available for a low monthly premium to children in households with income at or below 317 percent of the federal poverty level. See the *Income Eligibility Table* at right.



## Important Reminders

If you're eligible for Apple Health, you can sign up anytime, year-round, at [wahealthplanfinder.org](http://wahealthplanfinder.org). Even if you're not eligible for Apple Health, you can explore low-cost private insurance options that may work for you. You can also learn the dates for annual open enrollment.

You may qualify for ...	2022 Income Eligibility Table, Washington Apple Health (Medicaid)							
	Single Person	2-Person Household	3-Person Household	4-Person Household	5-Person Household	6-Person Household	7-Person Household	8-Person Household
<b>Apple Health for Adults</b> (adults age 19 up to age 65)	<b>\$1,563</b> monthly \$18,754 yearly	<b>\$2,106</b> monthly \$25,268 yearly	<b>\$2,649</b> monthly \$31,781 yearly	<b>\$3,192</b> monthly \$38,295 yearly	<b>\$3,735</b> monthly \$44,809 yearly	<b>\$4,277</b> monthly \$51,322 yearly	<b>\$4,820</b> monthly \$57,836 yearly	<b>\$5,363</b> monthly \$64,349 yearly
<b>Apple Health for Pregnant Women</b>	N/A	<b>\$3,022</b> monthly \$36,254 yearly	<b>\$3,800</b> monthly \$45,600 yearly	<b>\$4,579</b> monthly \$54,945 yearly	<b>\$5,358</b> monthly \$64,291 yearly	<b>\$6,137</b> monthly \$73,637 yearly	<b>\$6,916</b> monthly \$82,982 yearly	<b>\$7,694</b> monthly \$92,328 yearly
<b>Apple Health for Kids</b> (free for children up to age 19)	<b>\$2,435</b> monthly \$29,219 yearly	<b>\$3,281</b> monthly \$39,367 yearly	<b>\$4,127</b> monthly \$49,515 yearly	<b>\$4,972</b> monthly \$59,663 yearly	<b>\$5,818</b> monthly \$69,811 yearly	<b>\$6,664</b> monthly \$79,959 yearly	<b>\$7,509</b> monthly \$90,107 yearly	<b>\$8,355</b> monthly \$100,255 yearly
<b>Apple Health for Kids with premium</b> (\$20 monthly premium per child; \$40 family maximum)	<b>\$3,002</b> monthly \$36,014 yearly	<b>\$4,044</b> monthly \$48,522 yearly	<b>\$5,086</b> monthly \$61,030 yearly	<b>\$6,129</b> monthly \$73,538 yearly	<b>\$7,171</b> monthly \$86,046 yearly	<b>\$8,213</b> monthly \$98,554 yearly	<b>\$9,256</b> monthly \$111,062 yearly	<b>\$10,298</b> monthly \$123,570 yearly
<b>Apple Health for Kids with premium</b> (\$30 monthly premium per child; \$60 family maximum)	<b>\$3,591</b> monthly \$43,081 yearly	<b>\$4,837</b> monthly \$58,043 yearly	<b>\$6,084</b> monthly \$73,006 yearly	<b>\$7,331</b> monthly \$87,968 yearly	<b>\$8,578</b> monthly \$102,930 yearly	<b>\$9,825</b> monthly \$117,893 yearly	<b>\$11,072</b> monthly \$132,855 yearly	<b>\$12,319</b> monthly \$147,818 yearly

For each additional person, add to monthly income:

Adults .....	\$543	Apple Health for Kids with \$20 Premium .....	\$1,042
Pregnant Women .....	\$779	Apple Health for Kids with \$30 Premium .....	\$1,246
Apple Health for Kids .....	\$846	<i>Income amounts effective April 1, 2022, through March 31, 2023.</i>	

HCA complies with all applicable federal and Washington state civil rights laws and is committed to providing equal access to our services.

## **Free Civil Legal Aid**

### **Online Legal Information Forms & Instructions**

[www.washingtonlawhelp.org](http://www.washingtonlawhelp.org) [www.courts.wa.gov](http://www.courts.wa.gov)

### **Legal Information, Advice & Referral Line – C L E A R**

888-201-1014 9:15-12:15 M-F

[www.nwjustice.org/clear-online](http://www.nwjustice.org/clear-online)

### **Landlord-Tenant Help**

Tacoma-Pierce County Housing Justice Project 253-572-5134

Assistance with eviction matters. Pierce County Courthouse M-Th Eviction Defense.

# Food Banks

**BASH (Bikers Against Statewide Hunger) 118**  
- 141 St. Ct. S.  
Tacoma, WA 98444

Wednesday & Thursday:  
10 am-2 pm  
PH: 253-531-9600

Walk in and some home delivery; Must sign up;  
Require a current month's utility bill or bank statement  
with address to verify residency; No exceptions

Special Diet  
**Tacoma - Central**  
Tacoma Seventh Day Adventists Community Services  
3108 Portland Ave.  
Tacoma, WA 98402

Monday - Thursday:  
10 am - 2:45 pm  
PH: 253-272-8289

Provides food baskets only for people on special diets  
who cannot get the food they need from regular food  
banks; Serves people who have special dietary needs,  
cancer, AIDS, or diabetic patients whose needs aren't  
met at a food pantry

**Legal Immigrants -DSHS**  
(Food Assistance Program for Legal Immigrants)

Monday - Friday:  
9 am - 5 pm  
PH: 1 (877) 501-2233

A state-funded program to provide food assistance for  
those who are ineligible for the Federal Food Stamp  
Program because of the immigrant provisions in the  
law

**Bonney Lake Food Bank**  
18409 Veteran's Memorial Dr. E  
Bonney Lake, WA 98391

Tues - Fri:  
10 am - 1 pm  
Tues & Fri: 5 pm - 7 pm  
PH: 253- 863-4043

Last walk-ins must arrive no later than 15 minutes prior  
to close; Proof of address and photo ID required

**Buckley Kiwanis 127**  
River Ave  
Buckley, WA 98321

Wed: 9 a.m. - Noon  
Fri: 9 a.m. - 12 noon  
PH: 253- 266-7309

White River School District only; If new, bring ID, proof  
of residence in WRSD & ID for other household  
members

# Food Banks

**Eatonville Family Agency** 305  
W. Center St.  
Eatonville, WA 98328

Mon. & Thurs. 9 a.m. - 3 p.m. PH:  
360-832-6805

Eatonville school district residents: Proof of address,  
photo ID & HH member proof required

**Eatonville**  
Living Word Assembly of God (St. Joseph  
Storehouse)  
540 Eatonville Hwy W.  
Eatonville, WA 98328

Tues: 10 am - 1 pm  
PH: 360- 832-4220

Bring ID if new

**Edgewood Community NOURISH**  
Mountain View Lutheran Church  
3607 122 Ave. E., Suite B  
98372

Thurs:  
3:30-6:30 pm  
Sat: 11 am - 2 pm  
PH: 253-826-4654

New clients asked for name, birthday, address, zip  
code and names and birthdays of others in your  
household  
No one in need will be turned away.

**Eloise's Cooking Pot Food Bank** 3543  
E. McKinley Ave.  
Tacoma 98404

Tue - Sat:  
10:30am-4pm  
PH: 253-426-1994

No one will be turned away. Home  
delivery available.

**Fife / Edgewood / Milton**  
Food Bank  
2303 54th Ave. E.  
Fife, WA 98424

Mon, Tues & Thurs;  
Call for appointment between  
9 am and 12 noon PH: 253-  
922-0960

Must call prior to pick up; Appointments between  
12:30 and 2 p.m.; If new, picture ID and proof of local  
residency needed

**Fort Lewis**  
Bread of Life Food Bank  
8810 Lawndale Ave. SW  
Lakewood 98498

Thursday: 1-5 pm PH:  
253-582-2515

Serves Fort Lewis & McChord and zip codes 98303,  
98327, 98388, 98433m 98438, 98439, 98498 &  
98499; Requires proof of address and EBT card and  
proof for all HH members; Closed beginning of July  
and Christmas-to-New Year's holidays

# Food Banks

**Gig Harbor FISH** 4425  
Burnham Dr.  
Gig Harbor, WA 98332

Mon & Fri:  
9:30 am - 3:30 pm Wed  
& Thurs:  
9:30 am - 6:00 pm  
PH; 253-858-6179

Serves Gig Harbor/Key Peninsula residents only.  
Picture ID and proof of residence necessary.  
Also provides household items and clothing.

**Harvest House Food Bank** 25713  
70th Ave, E.  
Graham, WA 98338

Saturday  
9:30 am - Noon  
PH: 360-893-4203

Anyone is welcome to receive food once a week.  
Check-in is located in the main auditorium building.

**Graham / S. Hill NOURISH**  
Holy Disciples Church 10425  
187th St. E.  
Puyallup, WA 98374

Mon & Fri:  
10:00 am-1:30 pm; Wed:  
2:00 - 6:00 pm  
PH: 253- 846-3805

New clients asked for name, birthday, address, zip code and names and birthdays of others in your household  
No one in need will be turned away.

**Jackson Street NOURISH** St.  
Andrews Episcopal Church  
7410 S. 12th St.  
Tacoma, WA 98465

Last Wed of month  
5:00 - 7:00 pm  
PH: 253- 383-3164

New clients asked for name, birthday, address, zip code and names and birthdays of others in your household  
No one in need will be turned away.

**Lakebay  
Key Peninsula Community Services**  
17015 9th St. Ct  
Lakebay, WA 98349

Tues, Thurs & Fri:  
10am-12noon & 12:45-2 pm;  
Wed: 11am-12noon & 12:45-5:45 pm  
PH: 253- 884-4440

Provides food to low-income Peninsula residents.  
Photo ID and letter with name on it required. Can visit once per month. Break closet open until 4p.m. on Food Bank days.

# Food Banks

## Key Peninsula

NOURISH Mobile Bank  
Church of Jesus Christ of Latter-Day Saints  
12521 134th Ave., KPN  
Gig Harbor, WA 98329

Friday 4:30 - 6:30 pm

Another Nourish Mobile Van is at the Purdy Cost Less Pharmacy on Fridays from 1-3 p.m. at 14218 92nd Ave. NW in Gig Harbor

## Lakewood

Lakes NOURISH  
6900 Steilacoom Blvd. SW  
Lakewood, WA 98499

Mon: 2:00 - 6:00 pm  
Wed & Fri: 1:00 - 5:00 pm  
PH: 253-581-1116

New clients asked for name, birthday, address, zip code and names and birthdays of others in your household  
No one in need will be turned away.

## Lakewood

Prince of Peace  
10333 Bridgeport Way SW  
Lakewood, WA 98499

Tues: 12 noon - 3 pm  
PH: 253-584-2565

Need proof of address and proof of HH members (IDs, report cards, etc.)

## Orting

224 Washington Ave. SE  
Orting, WA 98360

Mon: 3-6 pm  
Wed: 12 noon - 3 pm  
Fri: 9 am- 12 noon  
PH: 360-893-0095

Food distributed by appointment only. Call for openings. Must be low income and live in the 98360 zip code or anyone in the Orting School District. Provides home delivery to temporarily or permanently homebound seniors and disabled adults.

## Parkland

Community Services  
11222 10th Ave., S.  
Parkland, WA 98444

Tues & Thurs:  
11 am - 2 pm; Thurs:  
4-6 pm  
for students or day-job people  
PH: 253-535-1293

Provides food items to people living in zip codes 98387, 98444, 98445, 98446 and 98447; Must have Washington State ID and two pieces of documents verifying proof of current address; Allowed one visit per month

# Food Banks

## **Puyallup**

All Saints Delivery Food Bank  
204 6th Ave., SW  
Puyallup, WA 98371

Monday - Thurs:  
10 am -12 noon  
1-3 pm  
PH: 253-848-2000

Call or visit the office to enroll in our food bank delivery program; Home food deliveries available once every 30 days; Must reside in Puyallup area (zip codes 98371-4)

## **Puyallup**

Salvation Army  
4009 9th St., SW  
Puyallup, WA 98373

Mon & Tues  
9-11 am and 1-2:30 pm  
Wed: 1-4:30 p.m.  
Thurs 9 am-1 pm  
PH: 253-841-1491

Walk-in OK; Please bring ID

## **Roy**

NOURISH Mobile Bank  
Near Chevron  
403 McNaught Rd St.  
Roy, WA 98580

Wed & Fri:  
1:00 pm - 3 pm

New clients asked for name, birthday, address, zip code and names and birthdays of others in your household  
No one in need will be turned away.

## **Spanaway NOURISH**

Mobile Bank  
Bethel HS  
22215 38th Ave., E  
Spanaway, WA 98387

Wed: 4:30-6:30 pm

New clients asked for name, birthday, address, zip code and names and birthdays of others in your household  
No one in need will be turned away.

## **Spanaway**

NOURISH Mobile Bank  
Cedarcrest Middle School 19120  
13th Ave. Ct. E.  
Spanaway, WA 98387

Monday  
4:30 - 6:30 pm

New clients asked for name, birthday, address, zip code and names and birthdays of others in your household  
No one in need will be turned away.

# Food Banks

**Steilacoom** WSLA  
Food Pantry 1603  
Rainier St.  
Steilacoom, WA 98388

Second Wed & fourth Sat:  
10-11:30 am;  
Call for appointment  
PH: 253-581-1076

Must live within the Historical Steilacoom School District boundaries; Also serves DuPont, Anderson Island and some 98498; Clients must call after 9 a.m. to reserve a spot; Emergency bags are provided during the month for those experiencing a temporary crisis

**Sumner**  
Sumner Community Food Bank  
15625 Main St. E  
Sumner, WA 98390

Mon-Fri: 10 a.m.-1 p.m.  
Thursday: also open 5-7 p.m.  
PH: 253-863-7393

No appointment needed. No longer requires proof of residence or ID and serves any zip code.

**Tacoma - Hilltop**  
St. Leo Food Connection  
1323 S. Yakima  
Tacoma, WA 98405

Tues: 10 am - 12 noon;  
Wed: 3-6 pm;  
Fri: 10 am - 12 noon  
PH: 253-863-2253

Need to bring picture ID and proof of address; Serves Sumner School District and homeless

**Tacoma - Hilltop**  
St. Leo Food Connection  
1323 S. Yakima  
Tacoma, WA 98405

Tues 10-11, 11:30-3:30, 4-5:30; Wed  
10-11, 11:30-2:30; Thurs 11:30-3:30,  
4:45-5:30; Fri 10-11, 11:30-3:30; Sat 10-11,  
11:30-1:30  
PH: 253-383-5048

Serves Pierce County residents; Bring verification of HH members and a bag or box in which to carry foodstuff

**Tacoma - Hilltop**  
Allen AME Church  
Allen Food Pantry  
1223 MLK Jr. Way  
Tacoma, WA 98405

Tues & Thurs:  
10 am - 1 pm  
PH: 253-572-5733

Anyone served; Picture ID required; Non-food, personal items if available



## Food Banks

### **Tacoma - Hilltop**

New Jerusalem Food Bank

Second, third, fourth and fifth Sat of  
each month: 11 am - 2 pm  
PH: 253-572-6785

Clothing bank; Spanish spoken

### **Tacoma - Hilltop**

My Sister's Pantry 621  
Tacoma Ave.  
Tacoma, WA 98402

First & third Mon:  
5-7 pm; Fourth  
Sat:  
10:30 am -12:30 pm  
PH: 253-627-1186

Distributes groceries, produce and pastries; Serves a  
hot meal; Has clothing bank available

### **Tacoma - Northwest NOURISH**

Mason United Methodist Church  
2710 N. Madison  
Tacoma, WA 98407

Wed: 12 noon - 4:00 pm  
Sat: 11:30 am - 3 pm  
PH: 253-756-4974

New clients asked for name, birthday, address, zip  
code and names and birthdays of others in your  
household  
No one in need will be turned away.

### **Tacoma - Central** Salvation

Army  
1501 - Sixth Ave.  
Tacoma, WA 98405

Mon & Tues: 10:30 am - 3 pm Thurs  
& Fri: 10:30 am - 3 p.m.  
PH: 253-572-8452

Must apply in person; If app is completed and turned in  
by 2:30 p.m. will be seen same day; Photo ID, Social  
Security card and proof of residency needed

### **Tacoma - South**

Bounty Food Bank 5634  
S. Park Ave.  
Tacoma, WA 98408

Mon: 9-11 am  
PH: 253-475-7098

Picture ID and proof of residence required

### **Tacoma - East/Southeast**

S.E. Tacoma NOURISH  
1704 E. 85  
Tacoma, WA 98445

Mon & Fri: 11 am - 4 pm;  
Wed: 11 am - 6 pm  
PH: 253-531-4530

New clients asked for name, birthday, address, zip  
code and names and birthdays of others in your  
household  
No one in need will be turned away.

# Food Banks

## **Tacoma - East**

Elouise Cooking Pot Food Bank  
3543 E. McKinley  
Tacoma, WA 98404

Tues 11:30-4:30  
Thurs 9-5  
Fri 11:30-4:30  
Sat 10:30-3:30  
PH: 253-426-1994

ID required; Food, household items, hygiene products, baby items, pet food; Specialize in ethnic food; Will deliver to seniors and people who are disabled Weekly home delivery possible for most vulnerable population

## **Tacoma - West**

Jackson Street  
Food Bank @  
St. Andrew's Episcopal Church 7410  
S. 12th St.  
Tacoma, WA 98465

Last Wed: 5:00 - 7:00 pm  
PH: 253-564-4402

Located in church basement. No need for proof of ID or proof of need but must give zip and size of family. 3-day supply of food provided depending on size of family

## **Tillicum / Woodbrook**

Community Center Food Bank  
14919 Washington Ave., SW  
Tacoma, WA 98498

Mon, Wed & Fri: 1-2 p.m.  
PH: 253-584-1280

Serves Tillicum and Woodbrook residents only; Bring proof of residency and ID or SS cards for all HH members; Make appointment between 9 & 11 a.m. to schedule same-day pickup between 1 and 2 p.m.

## **University Place**

Families Unlimited Network 2610  
Sunset Dr., W.  
Tacoma, WA 98466

Tues: 12 noon - 3 p.m.  
Thurs 3:30 - 5 p.m.  
Sat: 10 a.m. - 12 noon  
PH: 253-460-3134

Serves Pierce County residents. Must bring picture ID and proof of residence. May use once per month.